

ACFI Children Sunday School

Filling Up With God's Goodness

Pastor (Mrs.) Bunmi Martins

Colossians 3:16

Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts.

Learning Objective:

- The children will learn that in order to live with everyone peacefully, they need to feel themselves up with good things.
- Prophetic Statement:
When I fill my life with God's promises, I will speak those promises to others

- In Col 3:16, Paul wrote to the church and encouraged them to live together in peace.
- One way to make sure that you are at peace with the people around you is by filling yourself with good things such as God's word.

- **Materials:**

Before the activity - 2 cups, water and vinegar or soft drink and vinegar, napkins

During the activity - Teach the lesson around the table and read the text Col. 3:16 again.

Say:

- Today, we are going to learn about Colossians 3:16.

Ask:

- What kind of things does God want us to be full of?
- Allow wait time for response

Say:

- Reading our bible
- Going to church
- Praising God
- Being grateful for what God has done

Hold up cup 1 filled with water/soft drink

Hold up cup 2 filled with vinegar and show them

- Something that smells bad
- Something that smells good

(you can also use spoiled egg as an alternative)

Let each child smell it

Hold up cup 2 filled with vinegar and show them

- Something that smells bad
- Something that smells good

Activity 2: Bible Races

- Before the Activity: Write each word of Colossians 3:16 on an index card. Create two sets of index cards. Divide the class into two teams.

Activity 2: Bible Races

- During the activity: Give each team a set of index cards, shuffled. Each team must work together to get the cards in order. The first team to place the cards in the correct order wins. Play several times until the verse is committed to memory.

Activity 2: Bible Races/ other method

- During the activity: Write or type the text on a piece of paper, cut it into puzzle pieces. Give each team a to sort and put the puzzle together. The first team to finish wins. Do it several times until the verse is memorized.

Activity 3: Life Application

- Before the Activity: Write Colossians 3:16 on the board. “Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts.”
- Provide write paper, pens, and ribbons for each child.

Activity 3: Life Application

- During the Activity: At the top of each page write the Bible verse. Under the Bible verse have each child write a list of 10 things that they can do to bring good things into their lives. For example, they can start a Bible story or ask a parent to tell them their testimony. Pull examples out of Colossians 3:16 as well. Work in groups if necessary. When they finish their lists, roll the paper up like a scroll and tie a ribbon around it.

During the Lesson: Ask the following questions as review.

- Who can quote today's Bible verse? (Colossians 3:16)
- Why is it important for us to memorize scripture? (We are putting something good in our minds that we can use in the future.)
- Why should we fill our minds and hearts with good things? (If you put good things into your life then you will have wisdom and be ready to handle difficult situations.)
- Who gives wisdom? (Ultimately, God.)
- Who is honored when our life is full of good things? (God)

Closing Prayer:

- Close the lesson in prayer, asking God to fill each child's life with His presence and all things good for them.

Oh, be careful little eyes, what you see.

Oh, be careful little eyes, what you see.

There's a Father up above, looking down in tender love,
So be careful little eyes, what you see.

- Be careful little ears what you hear
- Be careful little mouth what you say...
- Be careful little hands, what you touch...
- Be careful little feet, where you go...